

**HUGG Healing Untold Grief Groups
Company Limited by Guarantee**

Directors' Report & Unaudited Financial Statements

For the year ended 31 December 2021

Certified as a true copy:

Adam Grennan
Director



David Varian
Director



Registered Company Number: 640420

HUGG Healing Untold Grief Groups CLG

Unaudited financial statements

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HUGG Healing Untold Grief Groups CLG

Directors and other administrative information

Directors

Adam Grennan
Laura McDonnell (appointed 3 June 2020)
Catherine Brogan (appointed 11 November 2020)
Gabrielle Murphy (appointed 1 January 2021)
Ronan Gallagher (appointed 17 February 2021)
Sebastian Hamilton (appointed 17 February 2021)
David Varian (appointed 12 May 2021)
Fiona Tuomey (appointed 20 December 2018, resigned 7 July 2020)
Carol Milton (appointed 20 December 2018, resigned 31 December 2020)
Michael Darcy (appointed 20 December 2018, resigned 7 April 2021)
Orla Gilroy (appointed 22 April 2020, resigned 19 August 2020)

Company Secretary

Caroline Kirby (appointed 13 April 2022)
Lisa Connaughton (appointed 26 August 2020, resigned 13 April 2022)
Fiona Tuomey (appointed 20 December 2018, resigned 26 August 2020)

Registered office

4 Kilvere Park, Cypress Downs
Templeogue
Dublin 6W

Bankers

Ulster Bank
10/12 Greenhills Road
Walkinstown
Dublin 12

AIB, Stillorgan
Co Dublin

Company Number

640420

Registered Charity Number

20204480

HUGG Healing Untold Grief Groups CLG Directors Report

The Directors present their Annual Report and unaudited financial statements for the period ended 31 December 2021 of HUGG Healing Untold Grief Groups CLG. The Directors confirm that the Annual Report and financial statements of the company comply with the current statutory requirements, and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS102). The company was incorporated in December 2018.

Principal Activity, business review and background

HUGG, a Not-for-Profit company, with its main aim to provide reactive grief support and advice to suicide bereaved adults, raise public awareness of both the impact of suicide on the bereaved and the service provided by HUGG, and encourage and participate in suicide postvention research.

Objectives and Activities

HUGG supports adults who have been bereaved by suicide by reducing isolation and stigma and promoting resilience and healing. We work to achieve this through the provision of peer support groups led by trained volunteers with lived experience, by the provisions of telephone support and by developing the HUGG.ie website as a reservoir of information on suicide bereavement.

Main activities undertaken to further the Charity's purposes for public benefit.

Providing peer support groups which promote social connection and coping mechanisms, led by volunteer facilitators who have taken part in evidence-based theoretical and practical training provided by HUGG, and who have themselves been bereaved by suicide.

Providing training to volunteer facilitators in the theory and practice of suicide bereavement group leadership, to enable HUGG to expand to provide support in all areas wherever that support is needed.

Providing Information and awareness through HUGG.ie, other social media and literature for suicide bereaved adults who wish to access group support, and signposting to other agencies in the field of suicide prevention, intervention and postvention.

Liaising and exchanging information with similar organisations and groups in Ireland and abroad.

Encouraging and participating in suicide postvention research.

Achievements and Performance

2021 was an extraordinary year for HUGG. We commenced work on our 3-year strategic plan under the 12 objectives we set ourselves to realise our vision of 'Hope and Healing for anyone bereaved by suicide'. We entered the second year of the global pandemic with the same uncertainties regarding how we could continue to expand our HUGG groups and ensure that we could meet the demands for our services. Thanks to the work of our Board and volunteer Facilitators we were able to achieve many of our strategic goals of 2021 and not only meet the targets we set ourselves but, exceed these targets.

HUGG Healing Untold Grief Groups CLG Directors Report (continued)

Summary

Core to HUGG's work is the provision of HUGG support groups. HUGG worked hard to meet the needs of those bereaved by suicide by adapting our support groups to the virtual world, providing vital support, information and hope to hundreds of people in 2021. There was a huge increase in demand for our services, which was driven primarily by the fact that many of the normal bereavement supports which existed pre-pandemic were removed. These included the ability to meet family, friends, colleagues, neighbours, faith services, GPs etc. The need for people isolated in their grief to connect with others facing a traumatic loss was brought into sharp relief.

We began the year with 4 HUGG support groups, one CEO, a Board of Directors and 8 volunteer Facilitators. We ended the year with 13 HUGG groups, 30 volunteer Facilitators and 2 core staff members.

One of the most important projects which we began in 2021 was launching Ireland's first National Suicide Bereavement Survey along with the National Suicide Research Foundation (NSRF). This study is funded the National Office for Suicide Prevention (NOSP). It is the first time people in Ireland, who have been impacted by suicide, were given the opportunity to share their experiences on the impact suicide has had on their lives. The study will enable all those working to provide suicide bereavement support to understand where the gaps in the services which people want are and what are the barriers to people seeking support. Most importantly, it will give voice to the suicide bereaved and tell the untold stories of grief, loss, hope and resilience. The response to the survey far exceeded expectations and we look forward to publishing the report in June 2022.

Including the voices of people who have been bereaved by suicide, the lived experience, is imperative to the development of resources, guides and support services aimed at supporting those who been impacted by suicide. An important part of our work is to ensure that the voice and the experience of those bereaved by suicide is heard. HUGG has been successful in having representation on a number of key projects in 2021. These included:

- The Hospice Foundation's *A Guide for Employers on Responding to Suicide in the Workplace*
- The HSE resource for *Developing a Community Response to Suicide*
- The National Office for Suicide Prevention (NOSP) Workshop *Working with the Suicide Bereaved*
- The free suicide bereavement resource book *You Are Not Alone*
- The implementation of the local *Connecting for Life* plans in Dublin South, Kildare & West Wicklow.

HUGG's Strategic Plan 2021-2023 is available to read on our website www.hugg.ie.

The results of 7 of the 12 objectives are included in this report. Much of the work on the remaining 5 objectives is scheduled to take place in 2022 and 2023 and will be detailed in subsequent reports.

Objective 1

Develop and implement a marketing and communications strategy for the organisation to guide both internal and external communication processes and raise awareness of HUGG and the services it provides among target audiences in new communities.

HUGG Healing Untold Grief Groups CLG Directors Report (continued)

To enable HUGG to realise its three-year strategy, we needed to increase our marketing activities and raise awareness to (i) recruit more Facilitators to lead the groups (ii) garner donations to fund training and group running costs (iii) to highlight geographic or special interest groups to prospective participants. We achieved a number of actions in 2021 through our digital strategy (social media communication), our website www.hugg.ie and SEO campaign on our website.

Digital Strategy – We engaged in an SEO campaign to raise awareness of our website and promote the information, services and research available around suicide and postventions services.

Internal Comms – We developed a login on our website www.hugg.ie for our volunteer Facilitators, to give them access to material and information for their HUGG groups.

Key Outputs included:

- Increased the number of users on our website by an amazing 320%. This was mainly due to the hosting of the National Suicide Bereavement Survey, which was launched in October 2021.
- We grew our total social media reach by 50% to 6,952 across all channels
- By December 2021 we outperformed other similar organisations in terms of engagement levels across social media, at 16.14%

Objective 2

Develop a three-year fundraising strategy that considers all potential income streams including: state funding, corporate sponsorship and donor funding.

Work commenced on a fundraising strategy for HUGG. Key messages for donors and corporations were developed for Board members and for all fundraising activities by HUGG. However, due to the ongoing restrictions imposed by the global pandemic, a fully realised fundraising strategy has yet to be completed. In spite of the reduced opportunities to host fundraising activities, a number of income streams were realised to further develop HUGG fundraising strategy and we exceeded our fundraising target for 2021.

Key Outputs included:

- The launch of the HUGG Digital Memorial Meadow, for people to remember and name their loved ones lost to suicide and support the work of HUGG.
- Support from a range of organisations including:
 - The Irish Care Trust
 - National Lottery
 - HSE Connecting for Life – Cavan
 - SICAP Cavan
 - American Ireland Fund
 - The Dalata Hotel Group

HUGG Healing Untold Grief Groups CLG Directors Report (continued)

Objective 3

Develop a facilitator recruitment and engagement plan

We continued to expand our reach to new volunteers by engaging with a number of national organisations in education, mental health and grief communities. We participated in seminars and podcasts, gave media interviews in local and national newspapers and magazines, and engaged in Volunteer recruitment via our social media pages.

All HUGG Facilitator training was brought online and we ran our training over three weekends in 2021. In total, we trained 18 new Facilitators and identified Facilitators for three key targeted groups – Young Adults, LGBTQ+ and Men.

We also began work across three Community Health Organisations, to garner interest among Travellers towards the establishment of specific HUGG Traveller groups. Working with a number of representatives from Traveller organisations and public health teams, a total of 100 surveys were completed across 3 Community Health Organisations in Leinster on a number of Traveller sites.

Key Outputs included:

- *Reviewed and published the Facilitator screening and selection process*
- *Developed an information pack for volunteers considering training as HUGG Facilitators*
- *Trained 18 new HUGG Facilitators*
- *Ran three HUGG training weekends, all delivered online.*
- *Developed a portal on our website which hosts all documents for Facilitators*
- *Hosted our first HUGG Appreciation Event for our Volunteers in December 2021*

Objective 4

Hire a core team to drive the delivery of HUGGs services and support the team of volunteers nationally.

HUGG will always be driven by its volunteer workforce, who facilitate our HUGG groups nationwide. However, the need for a core team to help HUGG to meet our objectives and manage the charity's activities is key to success. In late 2021 we hired a part-time administrator and appointed a HUGG Group Support Manager, who will join HUGG early in 2022.

Key Outputs:

- *Part Time Administrative Co-ordinator appointed*
- *Part time HUGG Groups Manager was appointed in December 2021 (starting Jan 2022)*

Objective 5

Grow the number of in person and online HUGG groups with the aim of providing our services nationwide

As with 2020, there was little opportunity to meet in person in 2021 due to the ongoing COVID restrictions on movement and meeting indoors. However, we successfully continued with our Volunteer Recruitment and training online. This allowed us to expand the number of HUGG groups we offer from four in 2020 to nine by the end of 2021.

All groups met in the virtual world, using the Zoom platform. New HUGG groups were established in Galway, Cavan, Louth/Meath, Young Adults, Cork, Limerick, Parents, Virtual 1 and Virtual 2.

HUGG Healing Untold Grief Groups CLG Directors Report (continued)

We also established a HUGG LGBTQI+ and a HUGG Men group. Unfortunately, they did not attract enough members to sustain these groups, perhaps in part due to the online nature of the groups and/or the lack of awareness of the HUGG brand. It was decided therefore, to redeploy the Facilitators from these groups into existing HUGG Groups and revisit establishing targeted groups in 2022.

As we approached the end of 2021, we returned to in-person meetings. This posed a unique challenge to the organisation, as some attendees at HUGG groups were unable to attend their chosen group in person, due to distance from the location of the meeting or their personal circumstances. In order to accommodate everyone in their chosen groups, we initiated a trial of new technology, which we hope will allow us to host hybrid meetings (i.e., in person and online) across all of our groups in 2022.

Key Outputs:

- Established nine new HUGG groups around Ireland, both in person and online
- Established a targeted HUGG Groups for Young Adults
- Began a pilot study of using OWL technology to allow us to host hybrid HUGG meetings

Objective 6

Engage in on-going internal and external research and evaluation to support the development of evidence for suicide postvention.

2021 was an exceptionally important year for HUGG in terms of research into postvention. HUGG continued to work with the National Suicide Research Foundation (NSRF) on their 2-year study on the effectiveness of suicide bereavement for those attending HUGG support groups. There is little research available internationally on the effectiveness of attending a peer support on suicide bereavement. This study will give key insights into how attending a HUGG group benefits people and how their grief changes over time. This study will also allow HUGG attendees to provide feedback on their experience of attending a HUGG group. The study will be completed in mid-2022.

As outlined in the summary of activities, HUGG, in partnership with the NSRF, was awarded €40,000 by the National Office of Suicide Prevention to carry out the first National Survey into Suicide Bereavement in Ireland, to investigate what supports people availed of in their grief, the barriers they faced in getting support and the gaps in suicide postvention services.

The survey was launched in October 2021, with the survey hosting on our website. The survey ran until the end of January 2022, with results due to be published in June 2022.

Key Outputs

- Launched Ireland's first national suicide bereavement survey, in collaboration with the NSRF
- Engaged in a 2- year study into the Effectiveness of Peer Support on Suicide Bereavement with the NSRF

Objective 11

Develop quality standards for peer support groups and an assessment and monitoring process to support adherence to the standards

It is imperative that standards are set and adhered to when providing services to the public. As the only provider of peer support services nationally, we recognise the need to deliver a service which is based on quality standards, with monitoring in place to ensure that we are meeting these standards.

HUGG Healing Untold Grief Groups CLG Directors Report (continued)

We began by establishing a key working group, including Staff, Facilitators and Board members, with the aim of developing a set of standards for HUGG's peer support groups. The group met twice in 2021 to start the work of documenting the processes for recruiting volunteer facilitators, training the volunteers, establishing HUGG Groups and providing ongoing support and education. This work is due to conclude in the first quarter of 2022.

Objective 12

Design, develop and implement a Customer Relationship Management (CRM) system to facilitate the effective administration of all group, volunteer, stakeholder and fundraising activities, in compliance with all HUGG policies and statutory regulations.

A huge amount of work was carried out this year to meet the objective of designing, developing and implementing a CRM system for HUGG. A contract was awarded following a rigorous tender process. The scoping of the project and the bulk of the customisation work was completed in the second half of 2021. The system is scheduled to go live in Q2 of 2022.

Key Outputs

- *Tender awarded for the implementation of the CRM system*
- *The CRM software Salesforce was chosen*
- *The project has been fully scoped, including the mapping of processes*

Appreciation

The Directors of HUGG would like to thank the many people who have helped HUGG to continue to realise its vision of Hope and Healing for anyone bereaved by suicide. These include the immense contribution of HUGG's founder and CEO, Fiona Tuomey, the volunteer Facilitators for their time, commitment and care in looking after their HUGG groups, the corporate donors for their generosity, the public for their donations and faith in the work that we are doing, the HSE, the NSRF, and the many statutory bodies and organisations who have invested in hope by supporting our work in both monetary terms and the inclusion of HUGG in their work.

The Directors of HUGG would especially like to thank the hundreds of people bereaved by suicide who had the courage to contact us and place their trust in us. We hope that you continue to find hope and healing after the devastation of suicide.

Results

These financial statements reflect the affairs of the Charity. The company has a net income surplus for the year ended 31 December 2021 of €52,979 (2020: surplus €7,189). The directors are satisfied that these results meet expectations. The general unrestricted fund reserves brought forward at 31 December 2021 amount to €74,111 (31 December 2020: €36,564), while the restricted reserves at 31 December 2021 amount to €15,432 (nil at 31 December 2020).

Principal Risk and Uncertainties

The Directors are aware of the major risks to which the company is exposed, in particular those related to the operations and finances of the organisation, and are satisfied that systems are in place to mitigate exposure to these major risks.

HUGG Healing Untold Grief Groups CLG Directors Report (continued)

Events after the end of the financial period

No significant events have occurred since 31 December 2021, which require disclosure in the financial statements. Currently there is no requirement for any adjustment as a result of the Covid-19 related restrictions in Ireland.

Directors and Secretary and their interests

The names of the Directors and Secretary of the Company during the period are given on page 1. The Directors are also Trustees for the Charity. The Directors and secretary had no interests in the company at any time during the year and in the preceding period since incorporation. The Directors are also members of the Company.

The Directors are required to retire by rotation in accordance with the Constitution of the Company. There have been no contracts or arrangements of significance during the period in which the Directors of the Company were interested.

Going concern and Reserves

The financial statements have been prepared on a going concern basis. The Directors have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

The financial statements do not include any adjustments that would result if the Company was unable to continue as a going concern.

The Directors continue to review the reserves held by the Company with the policy of holding at least three months expenditure as a cash reserve.

Political Donations

There were no political donations which require disclosure under the Electoral Act, 1997.

Accounting records

The measures taken by the Directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise and the provision of adequate resources to the financial function. The books are maintained at the registered office.

HUGG Healing Untold Grief Groups CLG Directors Report (continued)

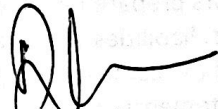
Auditors

The Company does not require an audit this year so the Directors have agreed to present unaudited financial statements.

On behalf of the board



Adam Grennan
Director



David Varian
Director

Date: 8 June 2022

HUGG Healing Untold Grief Groups CLG

Statement of directors' responsibilities for the members' unaudited financial statements

These financial statements have been extracted, pursuant to section 353 of the Companies Act 2014, from the statutory financial statements prepared under section 290 of that Act. The following is the Directors Responsibilities Statement accompanying those financial statements.

The Directors are responsible for preparing the Directors Report and Financial Statements in accordance with the applicable law and regulations in Ireland.

Irish company law to charities requires the Directors prepare financial statements for each financial period which give a true and fair view of the assets, liabilities and financial position of the company as at the financial period end and of the profit or loss of the company for that financial period. Under the law, the Directors have elected to prepare financial statements in accordance with the Companies Act 2014 and FRS 102, the Financial Reporting Standard applicable in the UK & Republic of Ireland issued by the Financial Reporting Council. In preparing those financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Observe the methods and principles in the Charities SORP
- State whether applicable accounting standards have been followed, identify those standards and note the effect and reasons for any material departures from those standards which should be explained in the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and which enable them to ensure that the financial statements and Directors Report comply with the Companies Act 2014, the Charities Act 2009, the provisions of the Trust Deed and all Regulations to be construed as one with those Acts. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the company and to prevent and detect fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements as set on pages 1 to 19:

The Directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

The Directors confirm that to the best of their knowledge and belief, the accounting records reflect all transactions of the company for the period ended 31 December 2021.

On behalf of the board


Adam Grennan
Director


David Varian
Director

Date: 8 June 2022

HUGG Healing Untold Grief Groups CLG

Statement of accounting policies

For the period ended 31 December 2021

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Company Information

HUGG Healing Untold Grief Groups CLG is a company limited by guarantee, domiciled and incorporated in Ireland.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention (modified to include certain items at fair value) in accordance with the SORP applicable to Charities and accounting standards of the Financial Reporting Council generally accepted in Ireland and Irish statute comprising the Companies Act 2014 and the Accounting standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council. The Company constitutes a public benefit entity as defined by FRS 102.

The company qualifies as a small company for the period, as defined by Section 280A of the Act, in respect of the financial year, and where applicable has applied the rules of the 'Small Companies Regime' in accordance with Section 280C of the Act and Section 1A of FRS102.

The financial statements are prepared in Euro which is the functional currency of the Company.

Statement of Compliance

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102)).

Going concern

The Directors have at the time of approving the financial statements, a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Cash flow statement

The company is availing itself of the specific exemption provided for by Section 352 of the Companies Act 2014: the company has done so on the grounds that it is entitled to the benefit of the exemption as a small company and confirm that the Financial Statements have been properly prepared in accordance with section 353 Companies Act 2014. The exemption under the Charities SORP is also met.

Taxation

The company is exempt from taxation due to its charitable status in Ireland.

Fund Accounting

Restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor-imposed conditions. Designated funds are monies set aside of unrestricted general funds and designated for specific purposes by the Management team.

Turnover/Income

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably, and it is probable that the income will be received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the bank.

Volunteers

In accordance with the Charities SORP and FRS 102 volunteer time is not recognised.

Expenditure/liabilities

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Company to make a payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is allocated or apportioned to the applicable expenditure headings. All expenditure is stated inclusive of irrecoverable VAT.

Cash & cash equivalents

Cash consists of cash on hand and bank demand deposits. Cash equivalents consist of the short term highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of change of value.

Other financial assets and liabilities

Trade and other receivables and payables are stated at cost less impairment, which approximates fair value given the short-dated nature of these assets and liabilities.

Loans and borrowings

All loans and borrowings, both assets and liabilities are initially recorded at the present value of cash payable to the lender in settlement of the liability discounted at the market interest rate. Subsequently loans and borrowings are stated at amortised cost using the effective interest rate method. The computation of amortised cost includes any issue costs, transaction costs and fees, and any discount or premium on settlement, and the effect of this is to amortise these amounts over the expected borrowing period. Loans with no stated interest rate and repayable within one period or on demand are not amortised. Loans and borrowings are classified as current assets or liabilities unless the borrower has an unconditional right to defer settlement of the liability for at least twelve months after the financial period end date.

Judgements and key sources of estimation uncertainty

The preparation of financial statements in conformity with FRS 102 requires management to make judgements, estimates and assumptions that affect the application of accounting policies and the reported amounts of assets, liabilities, income and expenses. The directors consider the accounting estimates and assumptions below to be its critical accounting estimates and judgements:

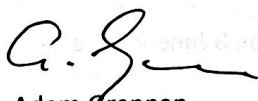
- Going Concern

HUGG Healing Untold Grief Groups CLG
Statement of Financial Activities
For the year ended 31 December 2021

	Note	Year ended 31-Dec-21 €	Year ended 31-Dec-20 €
Income	2	87,203	31,355
Operating expenditure	3	(34,224)	(24,166)
Net Operating income - charity operations		52,979	7,189
Net movement in funds in the period		52,979	7,189
Total funds reserve at the beginning of the year		36,564	29,375
Total funds reserve at the end of the year		89,543	36,564

These financial statements have been prepared in accordance with the Small Companies Regime.

The financial statements were approved by the Board and authorised for issue on 8 June 2022 and signed on behalf of the Board by:



Adam Grennan
Director



David Varian
Director

Date: 8 June 2022

HUGG Healing Untold Grief Groups CLG

Balance sheet - At 31 December 2021


	<i>Note</i>	31-Dec-21 €	31-Dec-20 €
Current assets			
Cash	6	124,543	36,564
		<u>124,543</u>	<u>36,564</u>
Creditors:			
Amounts falling due within one year	7	(35,000)	0
		<u>89,543</u>	<u>36,564</u>
Net current assets		89,543	36,564
Net assets		89,543	36,564
Financed by:			
Restricted funds reserve	8	15,432	0
Unrestricted funds reserve	8	74,111	36,564
		<u>89,543</u>	<u>36,564</u>
Total Funds reserve		89,543	36,564

These financial statements have been prepared in accordance with the Small Companies Regime.

The company is availing itself of the specific exemption provided for by Section 352 of the Companies Act 2014: the company has done so on the grounds that it is entitled to the benefit of the exemption as a small company and confirm that the Financial Statements have been properly prepared in accordance with section 353 Companies Act 2014.

The financial statements were approved by the Board and authorised for issue on 8 June 2022 and signed on behalf of the Board by:


Adam Grennan
Director


David Varian
Director

Date: 8 June 2022

Directors Statement

We, as Directors of HUGG Healing Untold Grief Groups CLG, state that:

1. The company is availing itself of the specific exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014:
2. The company is availing itself of the exemption on the grounds that the conditions specified in s.358 are satisfied,
3. The shareholders of the company have not served notice on the company in accordance with section 334(1) in accordance with s.334 (2);
4. We acknowledge the company obligations under the Companies Act 2014, to keep adequate books of account and to prepare Financial Statements which give a true and fair view of the assets, liabilities and the financial position of the company at the end of its financial period and of its profit or loss for such a period and to otherwise comply with the provisions of the Companies Act 2014 relating to Financial Statements so far as they are applicable to the company;
5. We hereby certify that the Company has relied on the specific exemption contained in section 352 of the Companies Act 2014; has done so on the grounds that the company is entitled to the benefits of those exemptions as a small company and the Financial Statements have been properly prepared in accordance with section 353 of the Companies Act 2014.

The financial statements were approved by the Board and authorised for issue on 8 June 2022 and signed on behalf of the Board by:


Adam Grennan
Director


David Varian
Director

Date: 8 June 2022

HUGG Healing Untold Grief Groups CLG

Notes

Forming part of the financial statements

1 Critical Accounting Estimates & Judgements

In the application of the company's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. There are no material adjustments to estimates and assumptions from previous periods in these accounts.

2 Income

An analysis of the Company's income is as follows:

	Unrestricted Funds	Restricted Funds	TOTAL Year ended
2021	2021	2021	2021
	€	€	€
Donations & Fundraising events	45,629	0	45,629
Government & National funds	0	41,474	41,474
Total Income	45,629	41,474	87,203

	Unrestricted Funds	Restricted Funds	TOTAL Year ended
2020	2020	2020	2020
	€	€	€
Donations & Fundraising events	31,355	0	31,355
Total Income	31,355	0	31,355

HUGG Healing Untold Grief Groups CLG

Notes (continued)

3 Operational costs

	31-Dec-21	31-Dec-20
	€	€
Staff costs	3,222	0
Peer group operating & professional costs	13,833	9,468
Office expenses	1,100	2,461
Travel, Accommodation & Subsistence	1,083	3,608
Marketing & development	6,605	6,188
IT & communications	8,278	1,537
Other	103	904
	<u>34,224</u>	<u>24,166</u>

In 2021 €15,436 of expenditure was from restricted funds, while €18,788 was from unrestricted funds. In 2020 €10,706 of expenditure was from restricted funds, while €13,460 was from unrestricted funds

4 Directors and their interests and related party transactions

The Directors details are given on page 1 of this Report. All are volunteers. The Directors received no remuneration for their services during the period ended 31 December 2021 or in the period to 31 December 2020.

The Directors and secretary had no interests in the company at any time during the year and in the preceding year. The Directors are required to retire by rotation in accordance with the Constitution of the Company. The Directors are members of the company.

There have been no contracts or arrangements of significance during the period in which the Directors of the Company were interested. There were no related party transactions during the financial periods of 2021 or 2020.

5 Employees and staff costs

The Company had one part time employee for 3 months during the period ended 31 December 2021. There were no employees in the period to 31 December 2020. As a result, staff costs are €3,222 in the year ended 31 December 2021 and nil for the year ended 31 December 2020.

6 Cash and bank

	31-Dec-21	31-Dec-20
	€	€
Bank balances	124,543	36,564
	<u>124,543</u>	<u>36,564</u>

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Notes (continued)

7 Creditors: amounts falling due within one year

	31-Dec-21	31-Dec-20
	€	€
Deferred income	35,000	0
	<u>35,000</u>	<u>0</u>

These are restricted funds received in advance of 2022.

8 Funds reserve

	Funds Reserve Unrestricted	Funds Reserve Restricted	Total
	€	€	€
Balance at 31 December 2019	29,375	0	29,375
Year ended 31 Dec 2020			
Net Income for the year	7,189	0	7,189
Balance at 31 December 2020	36,564	0	36,564
Year ended 31 Dec 2021			
Net Income for the year	37,547	15,432	52,979
Balance at 31 December 2021	74,111	15,432	89,543

During 2020 there was no restricted income.

9 Commitments and contingencies

There are no commitments or contingencies as at 31 December 2021 or at 31 December 2020.

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Notes *(continued)*

10 Events after the balance sheet date

No material post balance sheet events have occurred since 31 December 2021, which would require an adjustment to these financial statements or a note thereto. Currently there is no requirement for any adjustment as a result of the Covid-19 related restrictions in Ireland.

11 Ultimate controlling party

The company is controlled by the Board of Directors.

12 Approval of financial statements

The Board of Directors approved these financial statements on 8 June 2022.